



*Cooking healthy and wholesome meals for yourself and your family can be a little tricky when you lead a very busy life. Let us help you by delivering a week's worth of delicious meals freshly prepared in our kitchen for you and your family to enjoy. This is also perfect for professional couples and a wonderful and thoughtful gift for new parents.*

### **Frozen meals delivered**

#### **1 week menu**

Coq au vin

Lamb tagine

Lasagne

Green Thai curry

Mediterranean vegetarian Sheppard's pie

Beef carbonade a la Flamande

Individual chicken and leek pie

**Menu @ £140.00 based on 2 people**